How's Your Liver?

Is the Oriental salution, knowing that good health cannot exist without a healthy Liver. When the Liver is torpid the Bowels are sluggish and constipated, the food lies in the stomach undigested, poisoning the blood; frequent headache ensues; a feeling of lassitude, despondency and nervousness indicate how the whole system is deranged. Simmons Liver Regulator has been the means of restoring more people to health and happiness by giving them a healthy Liver than any agency known on earth. It acts with extraordinary power and efficacy.

NEVER BEEN DISAPPOINTED.

As a general family remedy for Dyspepsia Torpid Liver, Constipation etc., I hardly ever use anything else, and have never been disappointed in the effect produced; it seems to be almost a perfect cure for all diseases of the Stomach and Bowels.

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BALTIMORE & OHIO R. R. CO.

February 27th, 1887.

Railroad Time Card.

WEST BOUND.

Lv. Baltimore	*9 00am	*9 00am	*9 00pm	
Washington	10 00 "	11 40 "	10 10 "	
Pittsburgh	3 15pm	7 00pm	6 00am	
Wheeling	9 05 "	9 55 "	9 00 "	1 28pm
Bellaire	9 47 "	10 32 "	9 45 "	2 06 "
Cambridge	11 15 "	12 24am	11 33 "	4 20 "
Zanesville	11 59 "	1 15 "	12 33pm	5 30pm
Newark	6 30 "	3 30 "	2 00 "	12 55am
Ar. Columbus	3 10am	*2 10 "	2 50 "	7 40pm
Cincinnati		7 30 "	6 55 "	12 30 "
Louisville		12 35pm	6 20am	6 25 "
St. Louis		6 40 "	7 45 "	
Mt. Vernon	11 45pm	4 27am	5 22pm	†9 04am
Mansfield	2 35am	5 55 "	6 37 "	10 15 "
Shelby Jc.	1 07 "	6 22 "	6 37 "	10 41 "
Monroeville		6 22 "	5 47 "	11 37 "
Sandusky		8 00 "	7 15 "	
Tiffin	4 04am	8 52 "	7 02 "	8 04 "
Fostoria	4 23 "	8 29 "	7 28 "	
Deshler	3 11 "	9 15 "	8 33 "	
Defiance	5 47 "	10 15 "	9 31 "	
Auburn	6 44 "	1 30 "	11 06 "	*5 20pm
Avilla		12 08pm	11 35 "	2 40
Milford Jc.		1 17 "	12 49am	3 41
Walkerton		2 24 "	2 21 "	4 46
Wellsboro	7 03 "	3 43 "	2 55 "	5 09
Ar Chicago	11 10am	5 25pm	5 30am	7 30am

Trains leave Wheeling for St. Clairsville at 8 00 a. m., 1 15 p. m. and 4 45 p. m., daily, except Sunday.

EAST BOUND.

v. Chicago	*5 05pm	9 25pm	†8 10am	*2 45pm
Wellsboro	7 06 "	11 38am	10 34 "	10 55 "
Walkerton	7 28 "	12 07 "	11 08 "	11 22 "
Milford Jc		1 43 "	12 08pm	12 27am
Avilla		2 12 "	1 13 "	1 28 "
Auburn	9 34 "	2 00 "	1 48 "	2 33 "
Defiance	10 35 "	4 02 "	3 05 "	
Deshler	10 58 "	5 05 "	4 05 "	
Fostoria	11 56 "	6 35 "	5 15 "	
Tiffin	12 19am	7 12 "	5 46 "	
Sandusky		7 45 "	6 25 "	†2 00pm
Monroeville		8 22 "	7 35 "	3 22 "
Shelby Jc.	1 07 "	9 35 "	8 36 "	3 34 "
Mansfield	1 48 "	10 15 "	8 59 "	
Mt. Vernon	2 26 "	11 36 "	10 16 "	5 29 "
St. Louis		8 00pm	8 00am	
Louisville		2 25pm		
Cincinnati		7 30am	7 15pm	
Columbus	2 00am	11 20 "	11 05 "	†5 00pm
Newark	3 40 "	12 55pm	12 10am	6 40 "
Zanesville	4 25 "	1 55 "	12 58 "	7 35 "
Cambridge	5 10 "	3 00 "	1 49 "	8 58 "
Bellaire	6 53 "	5 05 "	3 55 "	9 03am
Wheeling	7 50 "	5 55 "	4 30 "	12 20pm
Ar. Pittsburgh	10 01 "	8 40 "	7 20 "	3 45 "
Washington	6 20 "	7 25am	7 25pm	
Baltimore	7 20 "	8 30pm	8 30 "	

*Trains run daily. †Daily except Sunday.

Accomodation leaves Sandusky at 2 50 p. m., daily, except Sunday, and arrives at Columbus 7 40 p. m.

Trains leaves St. Clairsville for Wheeling, at 6 25 a. m., 11 45 a. m., 3 20 p. m. daily, except S. Sleeping and Dining Cars on all Through Trains

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Ashland College,
Ashland, Ohio.

The Results of the Liquor Traffic.

BY J. B. HELWIG, D. D.

The results of the liquor traffic, both upon those engaged in it and upon those who patronize it, are essentially bad.

Persons talk about "the respectable saloon"—so called. There can be no respectable saloon. Unless you can have respectable whiskey and respectable gin and respectable beer and respectable brandy and so on. How can you have a respectable saloon, unless you can have liquors that will not intoxicate? Liquors that will not excite and make drunken and simple and drivelling and foolish? Liquors that will not stimulate and infuriate to deeds of vice, and violence and crime? Then only could you have a respectable saloon. And the respectable saloon—now so-called—is simply the place where drunkards are made; and the community knows that. It is simply the place where the appetite for strong drink is first formed, and the man who patronizes the respectable saloon knows that. Does he not? It is the place where the first links of the chain are forged with which he is afterward to be bound. And if such do not believe it let them try to break that chain.

That is what is meant by a respectable saloon so-called, in any community. And neither Springfield nor any other place will prove an exception to the rule. There are no exceptions to it anywhere. There are no respectable saloons anywhere.

But those who engage in the liquor traffic also sometimes suffer loss and disappointment in their trade as do other persons. But the rum-seller should be the last man to cherish a spirit of rebellion against such misfortune. He should not fail to remember that the traffic in which he is engaged, has not sent loss and disappointment only, but that it has sent want and woe and shame and disgrace, and the deepest sorrows into hearts and homes, once as worthy and happy as his.

Such should remember that every article of luxury and beauty which they possess has been purchased with the price of blood. In the costly carpet on which he so proudly treads, he can see the crimson of a father's blood, and the lake white ground from young men's bones. And in its more delicate texture he can see the ultra-marine of children's blue eyes, and the drops of blood wrung from an innocent mother's heart. And the flexible springs in the chairs and furniture of his house tell him also of the sinews of strong men's arms. And such should not fail to remember also that God is just, and that he deals with sin, that he follows the sinner, and will in no wise spare the guilty.

When Should Wheat be Cut.

The best time to cut wheat is a point of great importance to the farmer. The exceptionally high price of Minnesota wheat in our markets is largely due to the dry atmosphere of the section in which it grows. The most valuable constituents of a grain wheat are gluten, starch, and a small amount of phosphates. Gluten forms flesh; starch is a heat produces and forms fat. The per cent. of gluten varies in different kinds of wheat. Ohio wheats contain from ten to fifteen per cent., while starch may constitute from fifty to sixty per cent. of the kernel. Gluten is more nutritious than starch, its composition more nearly resembling the muscular tissue of animals.

Aside from the value of gluten as food, it has valuable properties, in combination with starch, for making bread. Wheat containing a small amount of gluten is softer, and will make much whiter flour, for the gluten imparts a yellowish shade. But if flour contains too little gluten, it will not rise, even if yeast be added. Gluten (like glue) forms, with water, a tenacious paste, so that when fermentive action begins in the dough, the gluten forms a cell around the carbonic acid gas, and retains it, causing the dough to rise. When baked such bread is very light and sweet, though not as white as when a little gluten is present. Many farmers are induced to cut their wheat too soon, because the kernel remains large and plump, from the moisture contained in the starch. Wheat containing a large amount of gluten will appear shrunken, because the gluten readily yields its moisture, but will be far more valuable as food.

Repeated experiments have failed to show any increase, either of starch or gluten, from day to day, after wheat has been cut. The only rule we can suggest, which may apply to all varieties, is this: delay cutting as long as is compatible with avoiding waste in handling. When cut, secure it as promptly and as perfectly as possibe. To make the best bread, a good, sound, glutinous variety of wheat must be sown on sound, dry land; it must get fully ripe before it is harvested, be secured without damage, and must be properly ground.—American Agriculturist for June.

"Avenge Not Yourselves."

An Eastern story tells of the haughty favorite of an oriental monarch who, as he was passing, threw a stone at a poor dervish or priest. The dervish did not dare to throw it back at the man who had assaulted him, for he knew the favorite was very powerful. So he picked up the stone and put it carefully in his pocket, saying to himself: "The time for revenge will come by and by, and then I will repay him for it." Not long afterward this same dervish, in walking through the city, saw a great crowd coming toward him. He hastened to see what was the matter, and found, to his astonishment, that his enemy the favorite, who had fallen into disgrace with the king, was being paraded through the principal streets on a camel, exposed to the jests and insults of the populace. The dervish, seeing all this, hastily grasped at the stone which he carried in his pocket, saying to himself: "The time for my revenge has now come, and I will repay him for his insulting conduct." But, after considering a moment, he threw the stone away, saying: "The time for revenge never comes; for if our enemy is powerful, revenge is dangerous as well as foolish, and if he is weak and wretched, then revenge is worse than foolish, it is mean and cruel. And in all cases it is forbidden and wicked."—Sel.

General News.

O'Brien is having a stormy time in Canada. The disgraceful scenes which took place in Toronto lately, have a serious look for the future, and it is a question whether the plucky Irishman will be allowed to leave the country alive. Whatever may be the merits of his cause, one thing will strike the observer, and that is the personal courage displayed by him, in fearlessly facing a mob of fiendish rioters. His escape from bodily harm was miraculous. The inevitable newspaper man who so pluckily stuck to him in his peril was dangerously wounded. O'Brien must be sincere in his espousal of the cause he so ably champions, for nothing but intense earnestness and a love for his oppressed countryman could nerve him up to such a pitch as to scorn danger and carry his life in his hand. It is a sublime exhibition of courage and manhood, and no one, whether he agrees with him in sentiment or not, can withhold from O'Brien the meed of praise for his fearless and uncompromising course.

The recent earthquake in Arizona is said to have opened up a gold mine in the Santa Catalina mountain.

Mrs. Grant has just received a check for $33,384,53 from the publishers of the General's Memoirs, which make the total amount received by her so far $394,459.53.

The natural gas belt appears to extend westward indefinitely. A great vein has been struck near Fort Scott, Kansas, at a depth of 280 feet. If the prairies be underlaid with gas fuel the lack of timber will no longer be deemed so great a draw-back.

Samuel Ellington convicted at Kansas City of robbing the mails, when asked by the judge this morning what he had to say before sentence was pronounced, replied that he wanted a long term as he was a dangerous man, and if he got out soon he would kill all the witnesses. The judge sentenced him to twelve years in the Penitentiary.

The Chinese government has ordered that every foreign missionary in China must hold his passport from his own government in order that his nationality may be shown. All other passports are declared invalid.

Muncie, Ind, claims to have struck the largest gas-well in the world—twelve million feet per day.

There are one million seven hundred and fifty thousand miles of telegraphic line in the world, representing an estimated cost of two hundred and fifty million dollars.

The Supreme Court of Vermont has decided in the case of the Ryegate stone-cutters that a conspiracy among workmen to prevent others from working or being hired, is a crime at common law and punishable under the statutes of Vermont.

The price of crude oil in the Lima, Ohio, fields has been reduced to twenty-seven and a half cents per barrel.

The executors of S. J. Tilden's will have conveyed the estate to the Tilden trust, lately incorporated for the purpose of founding and sustaining a public library in the city of New York. The residuary estate is estimated to be worth all the way from $5,000,000 to $14,000,000.

A bill passed the Rhode Island Senate on Tuesday, April 26th, providing that every person, firm, or corporation employing minors under sixteen years of age, or women, in any manufacturing, mechanical, or mercantile establishment in this State shall provide suitable seats for the use of such minors and women so employed, and shall permit the use of such seats by such employes, when they are not necessarily engaged in the active duties for which they are employed. Every person, firm, or corporation, who wilfully violates any of the provisions of the law, shall be fined not exceeding $20 for each offence.

The bill to adopt capital punishment for murder and rape was defeated in the Michigan Senate by a vote of 19 to 13. The bill establishing a State constabulary to enforce the liquor laws was passed by the House, and given immediate effect.

Merritt's anti-anarchy bill passed the Illinois House Thursday, 91 to 30. Thirty-one members were either absent or refrained from voting.

This year about fifty towns in Maine have elected women as school-supervisors, and the superintendent, N. A. Luce, thinks it is a good idea.

Alexander Mitchell, the Milwaukee millionaire, left $50,000 in public bequests, including $10,000 to the Young Men's Christian Association.

The American Agriculturist as a "Daily."

During the continuance of the great Dairy and Cattle Show, held in New York City in the second week of May, the American Agriculturist Monthly, issued a daily paper on the grounds every morning at 10 o'clock, of eighteen pages, describing the scenes and incidents from day to day, and presenting illustrations of the various cattle and farm implements as premiums were awarded them. Every number contained from thirty to forty engravings of cattle, etc., etc. It was rather of a novelty for the Veteran American Agriculturist, now not far from its fiftieth birthday.

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By Lyman Abbott and Rev. S. B. Halliday, Ass't. pastor of Plymouth Church, and dictated largely by Mr. Beecher himself, and received his aid and approval; the book also contains contributions of personal reminiscences from over 50 prominent writers. This is the right book; don't be induced to get any other. Contains entire life of the great preacher. Agents wanted in every town. ☞ Distance no hinderance, as we give SPECIAL TERMS and PAY FREIGHT CHARGES.

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"The Home Beyond,"

Makes rich heart of buyer and pocket of seller. You may get a copy free.

The Brethren Tract Society,
Philadelphia, Pa.

Pittsburg & Lake Erie R. R.

On and after Jan. 23rd, 1887, trains will run as follows; Central Time.

WESTWARD.

Lv Pittsburgh	5.45a m	*1 00 p m
" Newcastle	7.45 "	2 30 "
" Youngstown	8.40 "	3.30 "
Ar Ashland	12 24 p m	8.05 "
" Mansfield	12.54 "	8.41 "

EASTWARD.

Lv Mansfield	*6.13 a m	*1.46 p m
" Ashland	6.44 "	2.17 "
" Youngstown	10.00 "	5.40 "
Ar Newcastle	11.55 "	6.10 "
" Pittsburgh	1.45 p m	8.00 "

*Daily

A. D. SMITH, Gen. Pas. Agt.

Ashland College Lots.

The future of Ashland College, as a prosperous educational institution, is assured, and desirable building lots in the College Addition to the village of Ashland are now offered for sale. Prices vary according to size and location.

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EXAMINE THEM AT ONCE!

Triune Hymnal.

For Congregation worship. 35 cents per copy; $3.60 per dozen.

New Starry Crown.

For Sunday-Schools. 112 pages, with rudiments. 35 cts. per copy; 3.60 per doz.

Temple Star.

For Singing-Schools and Congregations. 75 cents per copy; $7.50 per doz.

RUEBUSH, KEIFFER & CO., Dayton, Virginia.

BOOKS AND PAMPHLETS,

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Gospel Hammer And Highway Grader by S. H. Bashor. Price 25 cents.

Result of the Decisions of Annual Meeting Of 1882. 5 cents.

Proceedings of the Dayton Convention. Price 10 cents.

The Lord's Day, proven by scripture and history to be the Christian Sabbath, by A. L. Garber, 5 cents per dozen.

Keep My Commandments by J. H. Worst. 2 cents each or 15 cents per dozen.

The Brethren's Annual. 10 cents, or $1.00 per dozen.

Where is Holsinger. Price 2 cents.

Voice of Seven Thunders, S. H. Bashor, 10 cents per dozen,

Custom and Usages, by J. H Worst, price 5 cents.

Ward's Rudimental Theory of Music: A hand book to the study of both vocal and instrumental music, by R. C. Ward, Mus. D.

This book should be in the hands of every teacher and student of the divine art. Price 25 cents.

PLACARDS:

"Union Sabbath School," price 5 cts. each.

"Let all things be done decently and in order," 5 cents each.

"The Bible is our Guide," 5 cents.

"All are Welcome," 5 cents.

"If God be for us who can be against us," 5c.

"The use of Tobacco Prohibited in this house," 5 c., or 3 for 10 cts.

One of each of the above six placards for 25 Address,